Victims of domestic violence may feel isolated and alone. Being an ally takes understanding, compassion, patience and courage.

Be an Ally by:

• Believing them
• Talking to them in private
• Listening to what they say
• Valuing their feelings
• Asking how you can help
• Building on their strengths
• Supporting their decisions
• Visiting opdv.ny.gov for help, resources

New York State Domestic and Sexual Violence Hotline
1-800-942-6906
English & español
Multi-language accessibility
Deaf or Hard of Hearing: 711

Make a Difference.