I AM ABLE

I AM AWARE. BELIEVE. LISTEN. EMPOWER.

I AM AWARE that domestic violence can happen to people I know.

I BELIEVE when someone confides in me.

I LISTEN without judging.

I EMPOWER by sharing resources.

New York State Domestic and Sexual Violence Hotline

800-942-6906
opdv.ny.gov

English & Español, Multi-Language
National Relay Service for Deaf or Hard of Hearing: 711

NEW YORK STATE | Office for the Prevention of Domestic Violence

I AM ABLE

Anyone can call the New York State Domestic and Sexual Violence Hotline for:

- Information and support
- Referrals to domestic violence shelters and other programs
- Safety planning for victims, children and pets
- Counseling and intervention

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